

# Overview

Lesson	Summary	Learning Outcomes
1: Making me	Pupils will think about the factors that contribute to an identity and what makes someone valuable	<ul style="list-style-type: none"> <li>• I can describe what makes me 'me'.</li> <li>• I can explain why all people are valuable, including me.</li> </ul>
2. My world, your world	Pupils will think about how their lives interact with other people's lives and how this affects decision-making.	<ul style="list-style-type: none"> <li>• I can explain ways in which what I do might affect other people emotionally and/or physically.</li> <li>• I can identify the people whose lives might be changed by what I do.</li> <li>• I can explain how recognising how my actions influence other people can help me make good decisions.</li> </ul>
3. Changing bodies	Pupils will think about the physical and emotional changes that take place during puberty.	<ul style="list-style-type: none"> <li>• I can describe how I will change physically and emotionally during puberty.</li> </ul>
4. Firm foundations	Pupils will think about what provides firm foundations for a relationship and how awareness of this might affect whom they date.	<ul style="list-style-type: none"> <li>• I can describe characteristics that will help build a good relationship and why these are important.</li> <li>• I can explain what sort of things I might look for in a friend or partner and why.</li> </ul>
5. Marriage	Pupils will reflect on the significance and meaning of the wedding service and marriage and how these benefit the individual and the community.	<ul style="list-style-type: none"> <li>• I can explain why Christians think marriage is important.</li> <li>• I can explain how marriage is good for relationships within the family and with the wider community.</li> </ul>
6. Great expectations?	Pupils will think about the meaning of sex and why it is best kept for marriage or long-term relationships.	<ul style="list-style-type: none"> <li>• I can explain what I think is normal sexual behaviour.</li> <li>• I can describe what some religions think about sex.</li> <li>• I can give reasons why it might be good to keep sex for marriage or a long-term, committed relationship.</li> </ul>
7. In need of restoration?	Pupils will think about the role of forgiveness in sustaining and deepening relationships.	<ul style="list-style-type: none"> <li>• I can explain why it is good to forgive people.</li> <li>• I can describe some situations when I think you should or should not show forgiveness and explain why.</li> </ul>
8. Summary activities	Activities to draw course together and encourage pupils to reflect on what they have learnt.	<ul style="list-style-type: none"> <li>• I can consider what makes a relationship 'life-giving' or 'life-limiting'.</li> <li>• I can describe actions that would make my relationships more 'life-giving'.</li> </ul>